How Does It Work?

Building AWARENESS
Providing INFORMATION
Promoting EDUCATION
Healthy foods and drinks are widely available.

Agriculture and food production are key economic activities in Kenya.
Other options are increasingly abundant.

Inexpensive, sugar-based, highly processed foods and drinks are heavily marketed.
Nutrition Education for Mothers & Caregivers

Training the Trainers in nutrition education—
in rural villages near Meru Town
Nutrition Education Classes in Meru

600 local women taught in their local language by local trainers.
Learning to grow healthy foods.
Gardens grow in rows and around poles.
Preparing & enjoying healthy foods.
Energy Efficient Stoves

600 women now own and use locally manufactured jiko stoves.
A new series of classes has been sponsored by the Rotary Club of San Ramon.
Water Pasteurization Indicator  WAPI
Redding Christian Interact Club

Sponsored by the Rotary Club of Anderson
Built 600 WAPIs for Kenya Smiles
Nutrition Education in Mukuru Slum, Nairobi

Information and activities about nutrition engaged 300 mothers and caregivers.
Families in Mukuru Slum attend classes.
Learning about nutrition, oral health, and dental care.
Enjoying nutritious snacks at the training.
Starting a women’s baking program

An energy efficient oven for Mukuru Slum, Nairobi.
Students listen carefully to the local trainer.
Taking notes on the process.
Preparing the ingredients.
Healthy and delicious results.
Nutrition for Life Bakery is open for business!
Educational materials help make learning fun.
Healthy Snacks Magnetic Game
Puppets from Folkmanis
Involving the families
Dental care lessons for children

In rural villages in local languages by local health workers.
Dental care lessons for children

In Nairobi classrooms
Dental care lessons for children

In outdoor areas
New Funding for Oral Health Lessons

Supported by the Rotary Club of Walnut Creek
New Funding for Loitokitok Research Project

Support from UOP Dental School and Kenya Smiles
Radio broadcasts about oral health

Interviews & call in shows - Ghetto Radio 99.9 FM
PDG Laura Day

2012-13 Governor District 5160
Rotary Club of San Ramon Valley
Funding the Project

- A $200,000+ Rotary Global Grant project
- $53,000 raised $10 at a time in donations from Rotary Clubs and individuals
- Contributions from Rotary Districts 5160, 9212, and 6150
- Matching funds from The Rotary Foundation
- Additional gifts and donations bring the current funding total to $450,000+
Rotarians and others were invited to contribute $10 to provide a child in Kenya with a dental care kit filled with supplies, materials, and instructions for dental care. $53,000 was the result. 5000 children received dental kits & oral health lessons.
Dental supplies and print materials

Colgate Palmolive East Africa
The Magic Cup
The Donor Card